

What bullying might look like:

- Calling nasty names, being made fun of threatening behaviour or put downs.
- Being hit, kicked, punched, tripped or knocked over.
- Having belongings stolen or damaged.
- Having rumours or gossip spread about you or people talking about you behind your back.
- Being left out, excluded or isolated.
- Being forced to do something you don't want to do or know is wrong.

Signs of bullying might include:

- Unwillingness to come to school.
- Complaining of feeling unwell.
- Withdrawn, isolated behaviour.
- Complaining about missing possessions.
- Refusal to talk about the problem.
- Being easily distressed.
- Damaged or incomplete work.
- Anxiety.



School Telephone:
02871302284

E-mail:
info@drumahoe.londonderry.ni.sch.uk

Childline: 0800 1111

Calls are free and will not show on your bill.

Drumahoe Primary School



A Guide to Bullying



Our Definition of Bullying

Our school's Anti Bullying policy defines bullying as :

"Bullying" is (but not limited to) the repeated use of: verbal, written or electronic communication. Any other act or combination of those by a pupil or group of pupils against another pupil or group of pupils with the intention of causing physical or emotional harm to that pupil or group of pupils. "Act" can include omission.



Advice To Pupils

If I am worried about bullying, what can I do?

- *You can talk to your class teacher.
- *You can talk to Mrs Hegarty or Mr McMaster.
- *You can talk to any member of staff and they will know what to do.
- *You can leave a note in the 'worry box' outside the staffroom.
- *you can talk to a relative or friend you trust.



Mr McMaster



Mrs Hegarty

Advice To Parents:

If you have a concern about your child don't feel helpless.

This is what you can do:

Talk to your child to find out exactly what is going on.

If necessary you can arrange to meet your child's Teacher or the Principal.

